



HEATHFIELD  
INTERNATIONAL  
SCHOOL

# MAIN MENU FOR EY STUDENT



Week3 19-23/02/2026		Morning Snack			All Student
Morning Snack/ Day	Monday	Tuesday	Wednesday	Thursday	Friday
Snack/Fruit					
Dairy Product					

Week3 19-23/02/2026		Afternoon Snack			All Student
Afternoon Snack/ Day	Monday	Tuesday	Wednesday	Thursday	Friday
Snack/Fruit					
Dairy Product					

Week3 19-23/02/2026		Lunch			Early Year
Food/ day	Monday	Tuesday	Wednesday	Thursday	Friday
Rice					
Main Dish 1 Western					
Main Dish 2 Thai/Asian					
Hot soup / Noodle					
Egg					
Sandwich Bar/Special Menu					
Seasonal Fruits/Salad bar					



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# MAIN MENU

FOR Y1-Y13 STUDENT



Week3 19-23/02/2026		Lunch			Primary/Secondary
Food/ day	Monday	Tuesday	Wednesday	Thursday	Friday
Rice					
Vegetarian					
Vegetable					
Egg-based Dish					
Main Dish 1 Western					
Main Dish 2 Thai/Asian					
Hot Soup					
Noodle Station					
Side Dish/Potato					
Sandwich Bar/Special Menu					